



Vickie Mulkerin, MD, LPC, CSAC

We all experience life-changing transformations, sometimes for the better, other times not. I had such a transformation when my medical practice was derailed by an illness that led to addiction. This was difficult, to say the least, but I found my way to another, much happier, transformation: recovery and renewed health. As a physician and mental health/substance abuse counselor, I provide a completely private and confidential setting to help other doctors find recovery and transformation.

When you need help,
work with a doctor
who's been there.

Immediate openings.
Evening appointments available.

Set up your appointment today.

whitecoatcounseling@gmail.com

608.291.4000

whitecoatcounseling.com

White Coat
counseling

Confidential • Collegial • Sympathetic

Services

I offer confidential counseling for physicians, for issues such as:

- Substance abuse.
- Burnout and depression.
- Career stressors like malpractice suits and disciplinary actions.
- Stress in work or personal lives.
- Anxiety, trauma, and PTSD.
- Chronic pain and illness.
- Grief and loss.
- Sexuality concerns.

Openings are immediately available, and sessions can be on-line or in person. Appointments are available during the day or in the evening and are completely confidential.

Confidential Therapy for Physicians

- Completely confidential mental health and alcohol/substance abuse counseling services.
- Self-pay to avoid mental health diagnosis documentation with insurers.
- Online or in person. Evening appointments available.

Physicians are experts in healing other people, but are often unsure how to heal themselves—particularly when addressing mental health or drug and alcohol concerns. Vickie Mulkerin, MD, LPC, CSAC, is a former family practice doctor who now provides counseling services to physicians struggling with depression, burnout, anxiety, alcohol/drug use, and job stresses. She had counseling help for her own journey out of depression and addiction after leaving medicine, and is paying it forward by helping other doctors address their mental health issues in a private and independent setting. She is a fully licensed professional counselor and clinical substance abuse counselor, and offers compassionate, intelligent therapy to help you while protecting your privacy and career.

Doctors deserve expert counseling, and should not have to worry about jeopardizing their careers to access it. If you think you might need therapy but aren't sure, or worry about the impact that accessing services might have on your employment or license, please reach out to discuss your concerns.

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